



Behavioral Health Board – Region 3

Serving Adams, Canyon, Gem, Owyhee, Payette and Washington Counties

Region 3 Behavioral Health Board Meeting Minutes

Wednesday, January 27, 2021

10:00 – 12:00

<https://swdh.zoom.us/j/98727597097?pwd=YnRSTUtudm5zL3JZL21rRTBaU2YzZz09>

Meeting ID: 987 2759 7097

Passcode: 812270

One tap mobile

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Board Member Attendees:

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|--------------------|----------------|----------------|----------------------|-----------------------|
| Aaron St. George | Alex Zamora | Brian Lee | Charles Christiansen | Christopher Partridge |
| Dahlia Stender | Greg Dickerson | Heather Taylor | Jeri Gowen | Joy Husmann |
| Laura Raynor | Lina Smith | Marc Shigeta | Mark Rekow | Melissa Mezo |
| Michelle Sundquist | Penny Dunham | Penny Jones | Richard Ferrera | Shawneen McGee |
| Tricia Lofton | | | | |

Additional Attendees:

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| Charlene Cariou | Jeff Cappe | Starr Sheppard | Wendy Stoneberg | Megan Segers |
| Laurie Edwards | Jan Jacobs | Keith Deugan | Lillian Toumey | Alisa Burlakov |
| Cydnee Lopez | Dawn Callaham | Emily Straubhar | Leslie Van Beek | John Walker |
| Jake Mamer | | | | |

Agenda:

| Topic | Discussion | Motion | Action |
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| Call Meeting to Order Roll Call Introduction | Meeting called to order at 10:01 am. Quorum met: 18 board members present. Melissa Mezo reviewed the board’s mission and vision statements, along with the strategic goals. | | |
| Review November 2020 Minutes | Board members reviewed and approved November 2020 Meeting Minutes. | Motion to approve November 2020 meeting minutes. Approved unanimously. | Emily to upload approved meeting minutes to SWDH website. |
| Executive Committee Updates | Melissa Mezo presented. <ul style="list-style-type: none"> • The EC approved a scholarship request from Ted Warstadt for 6 scholarships to attend the Idaho Society of Individual Psychology (Adlerian) Virtual Conference held March 5th and 6th. • The EC selected Laurie Edwards as the new Family Member of Adult MH Consumer representative. Laurie represents Adams County and will bring a wide-range of knowledge regarding that area. | | |
| Vape Sensor Update | John Walker and Jake Mamer from Vallivue High School presented. <ul style="list-style-type: none"> • The Board awarded Vallivue High School funding to install vape detectors into restrooms on campus. 12 vape detectors have been installed. • John reviewed data tracking measures. The data is not entirely accurate as the student body is attending school part-time due to COVID-19. • John discussed the concern that students are able to detect the vape monitors and are smoking elsewhere. • Board members discussed the value of the program. John expressed that he would do the program again and recommend it to other schools. | | Emily to reach out to John and Jake in one year to have them present to the R3BHB. |
| Review PFS Grant Agreement | Charlene Cariou presented on the PFS Grant. <ul style="list-style-type: none"> • Charlene reviewed program overview and program goals. | | |

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| | <ul style="list-style-type: none"> • Focus areas include information sharing/ awareness building, skill building, assessment and referral, and risk reduction all among youth. • Charlene provided brief overview of the SWDH and R3BHB Collaboration. Key collaboration efforts include targeting local behavioral health needs, consult/ advise on annual PFS action plan, review of annual PFS action plan, and the Chair and Vice-chair receive quarterly reports from the Office of Drug Policy and participate in 2 site visits annually. • Charlene discussed upcoming collaborative activities. The PFS action plan development starts in early Spring, Quarter 3 and 4 progress reporting is in April and July, and new program year begins July 1. • Joy Husmann reminded the Board that the CMH sub-committee was focusing on the PFS grant, but that has since stopped. The Behavioral Health Board is still a part of the PFS as a community partner. • Board members are encouraged to reach out to Charlene Cariou or Jeff Cappe with any questions regarding the PFS grant. | | |
| Review Board Bylaws and Code of Conduct | Board members reviewed the Board Bylaws and Code of Conduct. The edits and suggestions were updated in real-time as Board members reviewed the document. | | Emily to make suggested changes and edits provided by the Board. |
| Announcements | <p>Melissa Mezo announced that the BHB has been awarded \$50,000 in funding from the IROC grant. The board will need to meet to discuss next steps and planning. The Region 3 Behavioral Health Board was the only regional health board to apply and receive funding. The following Board members agreed to participate in the finance sub-committee: Heather Taylor, Alex Zamora, Marc Shigeta, Chuck Christiansen, Chris Partridge, Melissa Mezo, and Joy Husmann. Troy Cunningham and Charlene will also attend. Dahlia Stender asked to be removed from the committee.</p> <p>Starr Shepard from BPA health announced that they are creating suicide loss support groups in Spring 2021. They are also offering COVID-19 counseling services for frontline workers.</p> | | Emily to create a calendar invite for the Finance Sub-committee. |

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| | Resilient Idaho is airing a documentary on February 16 th for Idahoans who have gone through trauma. | | |
| Adjourn | Meeting adjourned at 12:00 p.m. | | |

Next Behavioral Health Board Meeting:
Wednesday, February 24, 2021
10:00 a.m. – 12:00 p.m.